

January 6th Meeting:

Our Steering Committee will meet at the Rehabilitation Hospital from 12:30 to 1:30 p.m. to develop a plan for the 2009 meetings. Please come with topics of interest, names and possible contacts.

The group is designed to meet your needs and act as a support system when coping with stroke.

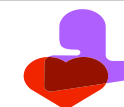
Also, please remember this group is for stroke survivors, their caregivers, family, friends, and anyone in the community affected by stroke.

Rehabilitation Hospital of Fort Wayne
7970 W. Jefferson Blvd
Fort Wayne IN 46804-4140
RETURN SERVICE REQUESTED



STROKE SUPPORT GROUP

Sponsored by the Rehabilitation Hospital of Fort Wayne



January/February
2009 NEWSLETTER

Happy 2009!

With the new year, we will be making three changes to the Stroke Support Group.

First, we will begin meeting on Tuesdays instead of Wednesdays.

Second, we will be meeting in the Special Functions Room 2 which is located off the southeast side of the building. This change was made to be more accessible for larger groups.

Third, we will be sending a bimonthly rather than a monthly newsletter.

Weather cancellation: If Southwest Allen County Schools closes for the day, we will cancel our meeting for the evening. Please use your best judgment with inclement weather.

If you are unsure, please call Julie at (260) 435-6136 during the day for clarification.

How did Turnstone get its name?

Turnstone was selected as the new name for The Allen County Society for Crippled Children and Adults because the Turnstone bird so aptly symbolizes the spirit of the agency. A shorebird commonly found around the world, the Turnstone relentlessly persist in finding food by moving heavy stones with nearly any part of its body. While most birds obtain food only with their beaks, the Turnstone has adapted many parts of its body to perform this function.



Also, characteristic of the Turnstone is its willingness to help fellow Turnstones in this work. When an object is too heavy for a Turnstone to move alone, other Turnstone birds gather to assist.

Another positive aspect of the name and visual symbol of the Turnstone is its association with a bird in flight. This strong mental image creates a feeling for exactly what Turnstone strives for helping individuals with disabilities gain freedom and attain new heights through personal growth as well as physical development.

SPECIAL EVENTS CALENDAR – January/February 2009

Tuesday, January 6	<u>Stroke Support Group Meeting:</u> 12:30-1:30 p.m. Steering Committee meeting in the Rehab Hospital of Fort Wayne's Special Functions Room 2 *Note date, time & room change
February 3	<u>Stroke Support Group Meeting:</u> 6:30-8:00 p.m. speaker: Jennifer Neher, Turnstone Center for Children and Adults with Disabilities, Special Functions Room 2.
Tuesday, February 17	Newsletter Folding at 1p.m. in the Board Room of the Rehab Hospital of Fort Wayne

Directions

The Rehabilitation Hospital of Fort Wayne is located on the Lutheran Hospital Campus. Enter the campus off U.S. 24/ Jefferson Boulevard. As soon as you come into the campus, make your first right. The second building on your right is the Rehabilitation Hospital. Park near the southeast side entrance. Enter from the long overhang to Special Functions Room 2.

If you would enter through the front lobby there will be signs directing you but the walk will be long from this direction.

Please contact Julie Wolfe at 435-6136 for further information.



If you no longer receive the newsletter, please call Cheri Umphrey at (260) 435-6105 or send an email to cumphrey@lutheran-hosp.com

Turnstone Center for Children and Adults with Disabilities

Founded in 1943 as Allen County Society for Crippled Children, Turnstone has been meeting the needs of children and adults with physical disabilities for the past 64 years. The agency is excited to offer a variety of programs and services to the residents of northeast Indiana and further.

It is their mission to 'enhance the lives of all persons with physical disabilities and their families'. If you are interested in learning more about Turnstone, please call or feel free to stop by for a tour. They will be happy to introduce you to their family of services and strive to meet or exceed your expectations.

Location & Mailing Address

3320 North Clinton Street -
Fort Wayne, IN 46805

Phone

260-483-2100
Toll Free 866-483-1278